

Personal protective equipment for health support procedures

Careful attention to hygiene before, during and after performing students' health support procedures and correctly using appropriate personal protective equipment (PPE) will assist to stop infections from spreading and keep students and staff safe and healthy.

For advice or training to use PPE correctly contact your State Schools Registered Nurse.

Ensure that hand hygiene is carried out at the correct points of the procedure. Staff assisting with or performing health support procedures should wear gloves **and** wash their hands thoroughly for 20 seconds **before** and **after**:

- administering medication
- performing the health support procedure
- using disposable gloves
- after any exposure to any blood or body fluids
- touching high frequency touch points (for example the handles and controls of a hoist, drawer/cupboard handles)
- cleaning equipment, and
- handling student clothing, clothing protectors, or linen used by a student at school.

Students who perform their own health support procedures do not require PPE, but should wash their hands thoroughly with soap for 20 seconds before and after.

Further information on infection control can be found on the department's Infection Control procedure.

Helpful links

- [5 moments of hand hygiene: when to wash \(PDF, 1.1MB\)](#)
- [Putting on PPE—A3 poster \(PDF, 295KB\)](#)
- [Taking off PPE—A3 poster \(PDF, 296KB\)](#)
- [Putting on and taking off PPE—A3 combined poster \(PDF, 570KB\)](#)
- [Putting on and taking off PPE—A4 combined poster \(PDF, 567KB\)](#)
- [Putting on and taking off PPE—A3 side by side \(PDF, 525KB\)](#)
- [Hand hygiene video: how to wash or sanitise your hands](#)

Personal Protective Equipment

The following table provides a guide for the PPE that staff should use when performing students' health support procedures based on Queensland's COVID-19 Planning Framework.

Health Support Procedure	COVID Response Level		
	Scenario 1 Normal No restrictions or lockdown in place	Scenario 2 Restrictions in place but no lockdown	Scenario 3 Local government area/statewide lockdown
Blood glucose measurement	<ul style="list-style-type: none"> Gloves 	<ul style="list-style-type: none"> Gloves 	<ul style="list-style-type: none"> Gloves
Insulin pen injection or needle and syringe	<ul style="list-style-type: none"> Gloves 	<ul style="list-style-type: none"> Gloves 	<ul style="list-style-type: none"> Gloves
Enteral feeding (e.g. gastrostomy, nasogastric)	<ul style="list-style-type: none"> Gloves 	<ul style="list-style-type: none"> Gloves 	<ul style="list-style-type: none"> Gloves Surgical mask
Urostomy care	<ul style="list-style-type: none"> Gloves Plastic apron if risk of splashes (staff may choose) 	<ul style="list-style-type: none"> Gloves Plastic apron if risk of splashes (staff may choose) 	<ul style="list-style-type: none"> Gloves Surgical mask Plastic apron if risk of splashes (staff may choose)
Colostomy/ileostomy care	<ul style="list-style-type: none"> Gloves Plastic apron if risk of splashes (staff may choose) 	<ul style="list-style-type: none"> Gloves Plastic apron if risk of splashes (staff may choose) 	<ul style="list-style-type: none"> Gloves Surgical mask Plastic apron if risk of splashes (staff may choose)
Clean intermittent catheterisation	<ul style="list-style-type: none"> Gloves Plastic apron if risk of splashes (staff may choose) 	<ul style="list-style-type: none"> Gloves Plastic apron if risk of splashes (staff may choose) 	<ul style="list-style-type: none"> Gloves Surgical mask Plastic apron if risk of splashes (staff may choose)
Continuous oxygen administration	<ul style="list-style-type: none"> Gloves 	<ul style="list-style-type: none"> Gloves 	<ul style="list-style-type: none"> Gloves

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	Scenario 1 Normal No restrictions or lockdown in place	Scenario 2 Restrictions in place but no lockdown	Scenario 3 Local government area/statewide lockdown
Administration of buccal midazolam	<ul style="list-style-type: none"> Gloves 	<ul style="list-style-type: none"> Gloves 	<ul style="list-style-type: none"> Gloves P2/N95 (respirator) mask required if coughing/spit* risk assess
Using asthma reliever medication	<ul style="list-style-type: none"> Nil unless coughing then TGA approved surgical mask, 	<ul style="list-style-type: none"> Use TGA approved surgical mask or P2/N95 (respirator) mask if coughing, if available, Goggles/face shield 	<ul style="list-style-type: none"> P2/N95 (respirator) mask required if coughing Goggles/face shield
Oral and nasal suctioning	<ul style="list-style-type: none"> Goggles Gloves 	<ul style="list-style-type: none"> Use TGA approved surgical mask, or P2 mask if available Goggles Gloves 	<ul style="list-style-type: none"> Long sleeved fluid resistant gown Use TGA approved surgical mask, or P2/N95 (respirator) mask if available Goggles Gloves
Tracheostomy	<ul style="list-style-type: none"> P2/N95 (respirator) mask Goggles Gloves 	<ul style="list-style-type: none"> Long sleeved fluid resistant gown P2/N95 (respirator) mask Goggles Gloves 	<ul style="list-style-type: none"> Long sleeved fluid resistant gown P2/N95 (respirator) mask Goggles Gloves
Applying Ventilation	<ul style="list-style-type: none"> P2/N95 (respirator) mask – if tracheostomy Goggles Gloves 	<ul style="list-style-type: none"> Long sleeved fluid resistant gown P2/N95 (respirator) if tracheostomy Goggles Gloves 	<ul style="list-style-type: none"> Long sleeved fluid resistant gown P2/N95 (respirator) mask Goggles Gloves